

# Prenatal and Postpartum Care (PPC)

## APPLICABLE LINES OF BUSINESS

- Commercial
- Exchange

## MEASURE DESCRIPTION

The percentage of deliveries of live births on or between October 8 of the year prior to the measurement year and October 7 of the measurement year. For these women, the measure assesses the following facets of prenatal and postpartum care:

- **Timeliness of Prenatal Care:** The percentage of deliveries that received a prenatal care visit in the first trimester, on or before the enrollment start date or within 42 days of enrollment in the organization.
- **Postpartum Care:** The percentage of deliveries that had a postpartum visit on or between 7 and 84 days after delivery.<sup>i</sup>

## EXCLUSIONS

Patients are excluded if:

- Deliveries not resulting in a live birth(s).

## PATIENT CLAIMS SHOULD INCLUDE

Description	Codes
Prenatal Visits	CPT: 99201-05, 99211-15, 99241-45, 99483 HCPCS: G0463, T1015
Prenatal Bundled Services	CPT: 59400, 59425-26, 59510, 59610, 59618 HCPCS: H1005
Stand Alone Prenatal Visits	CPT: 99500 CPT II: 0500F, 0501F, 0502F HCPCS: H1000-04
Cervical Cytology Lab Test	CPT: 88141-43, 88147-48, 88150, 88152-54, 88164-67, 88174-75 HCPCS: G0123-24, G0141, G0143-45, G0147-48, P3000-01, Q0091
Postpartum Visits	CPT: 57170, 58300, 59430, 99501 CPTII: 0503F HCPCS: G0101 ICD-10: Z01.411, Z01.419, Z01.42, Z30.430, Z39.1, Z39.2
Postpartum Bundled Services	CPT: 59400, 59410, 59510, 59515, 59610, 59614, 59618, 59622
Online Assessments	CPT: 98969, 98970-72, 99421-23, 99444, 99457
Telephone Visits	CPT: 98966-68, 99441-43

## PATIENT MEDICAL RECORDS SHOULD INCLUDE

- Prenatal Care:
  - o Documentation in the medical record must include a note indicating the date when the prenatal care visit occurred, and evidence of one of the following:
    - A diagnosis of pregnancy
    - A basic physical obstetrical examination that includes auscultation for fetal heart tone, or pelvic exam with obstetric observations, or measurement of fundus height
    - Gravidity and parity
    - Complete obstetrical history
    - Prenatal office visit with obstetrics panel/TORCH antibody panel/Rubella with ABO/Rh blood typing/ultrasound
    - Documentation of LMP, EDD or gestational age in conjunction with either of the following
      - Prenatal risk assessment and counseling/education
      - Complete obstetrical history
    - Screening test in the form of an obstetric panel, including include all of the following: hematocrit, differential WBC count, platelet count, hepatitis surface antigen, rubella antibody, syphilis test, RBC antibody screen, Rh and ABO blood typing
    - TORCH antibody panel alone
    - A rubella antibody test/titer with an Rh incompatibility (ABO/Rh) blood typing
    - Ultrasound or a pregnant uterus
- Postpartum Care:
  - o Documentation in the medical record must include a note indicating the date when a postpartum visit occurred and one of the following:
    - Pelvic exam
    - Evaluation of weight, BP, breasts and abdomen, breastfeeding status
    - Notation of postpartum care:
      - Notation of "postpartum care," "PP care," "PP check," "6-week check"
      - A preprinted "Postpartum Care" form in which information was documented during the visit
    - Perineal or cesarean incision/wound check
    - Screening for depression, anxiety, tobacco use, substance use disorder, or preexisting mental health disorders
    - Glucose screening for women with gestational diabetes
    - Documentation of any of the following topics:
      - Infant care or breastfeeding
      - Resumption of intercourse, birth spacing or family planning
      - Sleep/fatigue
      - Resumption of physical activity and attainment of healthy weight
      - Attainment of health weight

*Note: Do not include postpartum care provided in an acute inpatient setting.*

## TIPS FOR SUCCESS

- Send reminders to new mothers about the importance of prenatal and postpartum care and help them book an appointment; patients typically follow through on scheduling prenatal and postpartum care when recommended by their provider.
- Prenatal visits are a great time to discuss updating the mother's immunization record including the flu and Tdap vaccines.
- Partner with obstetricians to ensure the prenatal and postpartum visits are scheduled in a timely manner. Pediatricians and family providers can support the mother by reminding her to schedule a postpartum checkup during the baby's first well child visit.
- Educate patients on recognizing the signs and symptoms of perinatal depression which can occur during or after pregnancy.

---

<sup>i</sup> National Committee for Quality Assurance. HEDIS® Measurement Year 2020 & Measurement Year 2021 Volume 2 Technical Specifications for Health Plans (2020), 421-427