

# Texas Health Steps Anticipatory Guidance Resource List

A resource designed for providers to link them to available anticipatory guidance materials. Providers can reference the guide for various forms of anticipatory guidance materials including printed materials as well as websites to which parents and other caregivers, children and teens can be referred. The resource also includes information on language availability, literacy level, usage restrictions and cost. Included are direct links to other Internet sites that we believe may be helpful. However, this does not imply that DSHS endorses all of the information at each site. Furthermore, while we attempt to monitor and update our listings on a regular basis, we cannot make any claims or assume any responsibility as to the reliability or functionality of the Internet addresses provided or the information provided at the sites. If you have any questions, please contact Texas Health Steps at 512-776-7745.

Tool Name	Site Sponsor	Website (URL)	Comments	Languages	Literacy Level
Bright Futures	American Academy of Pediatrics	<a href="http://brightfutures.aap.org/tool_and_resource_kit.html">http://brightfutures.aap.org/tool_and_resource_kit.html</a>	3rd Edition. Newborn through 21 years. Includes for parents what to expect at each visit. Materials presented in age specific format.	English and Spanish	4 <sup>th</sup> to 6 <sup>th</sup> grade level
Cost-	Materials are copyrighted. Materials must be purchased.  Bright Futures Tool and Resource Kit includes the following: <ul style="list-style-type: none"> <li>• Pre-Visit Questionnaires</li> <li>• Visit Documentation Forms</li> <li>• Parent/Patient Education Handouts</li> <li>• Additional Parent/Patient Education Handouts</li> <li>• Developmental, Behavioral, and Psychosocial Screening and Assessment (including ASQ and M-CHAT)</li> <li>• Practice Management tools for preventive care</li> <li>• Developing linkages to Community Resources</li> </ul> Some items can be purchased separately. For an annual fee, all Parent/Patient educational materials are available for downloading and unlimited printing.				
Ages and Stages	United Way	<a href="http://www.bornlearning.org">http://www.bornlearning.org</a>	Public engagement campaign targeting parents, grandparents, caregivers and providers. Website and materials available in English and Spanish. Materials provided are reviewed and approved by AAP. Partners include United Way of America, Civitas and Families and Work Institute.	English and Spanish	4 <sup>th</sup> grade level
Cost-	Educational handouts presented in age specific format from newborn through 5 years, highlighting stages of development. Includes nutrition and safety information. Materials are copyrighted. United Way can be contacted for permission to print materials.				
<b>Additional Education Materials</b>					
Home Safety Checklist and various other educational handouts	American Academy of Pediatrics	<a href="http://patiented.aap.org/content.aspx?aid=5532">http://patiented.aap.org/content.aspx?aid=5532</a>	Educational handouts etc. on a variety of topics. Provider must subscribe to AAP Patient Education Online. Yearly subscription fee required.	English and Spanish	4 <sup>th</sup> grade level
Cost-	The AAP offers over 300 various educational handouts etc. May be purchased in individual packets or as a package which includes unlimited access to all educational materials. Access requires a yearly subscription fee.				
TIPP-The Injury Prevention Program	American Academy of Pediatrics	<a href="http://www.healthychildren.org/english/tips-tools/pages/default.aspx">http://www.healthychildren.org/english/tips-tools/pages/default.aspx</a> Scroll down to Safety checklists	In office counseling information related only to safety. Includes a series of age related safety sheets from birth to 10 years. Uses grouped ages.	English and Spanish	4 <sup>th</sup> grade level
Cost-	May be purchased in packs of 100. Over 30 separate TIPP sheets available. (Also available as part of the entire educational package noted above)				

Connected Kids: Safe, Strong, Secure	American Academy of Pediatrics	<a href="http://www.2.aap.org/connectedkids">http://www.2.aap.org/connectedkids</a>	Development and Behavior related anticipatory guidance focusing on helping families raise resilient children. Each topic discusses the Child's development, behavior and the parent's responses. Builds on TIPP by coordinating TIPP information with scheduled health maintenance visits.	English and Spanish	4 <sup>th</sup> grade level
Cost-	May be purchased in packets of 50.(Also available as part of the entire educational package noted above)				
Ages and Stages for Caregivers Fact Sheet Index	Ohio State University Extension	<a href="http://ohioline.osu.edu/asc-fact/index.html">http://ohioline.osu.edu/asc-fact/index.html</a>	Material presented include 1 month to 5 years and are presented in grouped age format i.e. 1-4 months; 5-8 months; etc.	English	4 <sup>th</sup> grade level
Cost-	May be copied without permission for educational, non-profit purposes. Credit must be given to "Ohio State University Extension".				
<b>On-line Educational Sites for Parents</b>					
Ages and Stages	American Academy of Pediatrics	<a href="http://www.healthychildren.org">http://www.healthychildren.org</a>	Website designed for parents. Includes information on growth and development and more.	English and Spanish	4 <sup>th</sup> grade level
Cost-	No cost.				
Ages and Stages	United Way	<a href="http://www.bornlearning.org">http://www.bornlearning.org</a>	Website designed for parents. Includes information on growth and development and more.	English and Spanish	4 <sup>th</sup> grade level
Cost-	No cost.				
Keep Kids Healthy	Keep Kids Healthy, LLC	Pending update	Website designed by Vincent Iannelli, M.D., F.A.A.P. Includes information on newborns through adolescents. Topics include developmental milestones as well as health and safety. Dr. Iannelli practices in Dallas, TX.	English	6 <sup>th</sup> grade and higher (often high school reading level)
Cost-	No cost. Financial disclosure posted on web site.				
Center for Young Women's Health	Children's Hospital Boston	<a href="http://www.youngwomenshealth.org">http://www.youngwomenshealth.org</a>	Website designed for use by young women. Provider section available as well. Information presented in A-Z format.	English and some Spanish	4 <sup>th</sup> grade and higher (often high school reading level)
Cost-	No cost. Limited rights for use.				
Center for Young Men's Health	Children's Hospital Boston	<a href="http://www.youngmenshealthsite.org">http://www.youngmenshealthsite.org</a>	Website designed for use by young men. Provider section available as well. Information presented in A-Z format.	English only	4 <sup>th</sup> grade and higher (often high school reading level)
Cost-	No cost. Limited rights for use.				
FamilyDoctor.Org	American Academy of Family Physicians	<a href="http://familydoctor.org/familydoctor/en.html">http://familydoctor.org/familydoctor/en.html</a>	Website designed for the whole family. Includes pregnancy and infant section, and children and teen sections. Speech-enabled option available.	Entire website is available in both English and Spanish	6 <sup>th</sup> grade and higher
Cost-	Materials are copyrighted and permission to reproduce documents may be necessary. Consult website for details.				
KidsHealth	Nemours's Center for Children's Health Media; Nemours Foundation	<a href="http://kidshealth.org">http://kidshealth.org</a>	Web site designed for parents, kids and teens. Lists more than 700,000 visits per weekday. Topics include physical, emotional and behavioral issues.	Entire website is available in both English and Spanish	6 <sup>th</sup> grade and higher
Cost-	Materials are copyrighted and permission to reproduce documents may be necessary. Consult website for details.				